



Head Start COMPLETE

Early Head Start Infant & Toddler Learning Path (15 Hours)

This 15-hour learning pathway supports Early Head Start teachers in strengthening practices aligned with the Head Start Early Learning Outcomes Framework (ELOF). Caregivers build skills across key domains including, Social and Emotional Development, Language and Communication, Cognition, and Perceptual, Motor, and Physical Development, through responsive caregiving strategies and developmentally appropriate activities that promote healthy growth and learning for infants and toddlers from birth to age three.

- Physical Development in Infants
- Fine Motor Activities for Infants
- Gross Motor Activities for Infants
- Great Ways to Promote Cognitive Development in Infants
- Learning Language: Birth to 36 Months
- Social and Emotional Development of Infants
- Activities That Promote Social and Emotional Development in Infants
- Physical Development in Toddlers
- Fine Motor Activities for Toddlers
- Gross Motor Activities for Toddlers
- Great Ways to Promote Cognitive Development in Toddlers
- Social and Emotional Development of Toddlers
- Activities That Promote Social and Emotional Development in Toddlers
- Taming Toddler Temper Tantrums
- Setting the Stage for Positive Behavior in Infants and Toddlers



Head Start Preschool Learning Path (15 Hours)

This 15-hour learning pathway supports Head Start preschool teachers in strengthening practices aligned with the Head Start Early Learning Outcomes Framework (ELOF). Educators build skills across all five central domains, Approaches to Learning, Social and Emotional Development, Language and Communication, Cognition (including math and STEM); and Perceptual, Motor, and Physical Development, through intentional teaching strategies and developmentally appropriate experiences that promote school readiness and positive outcomes for children ages three to five.

- Physical Development in Preschoolers
- Brain Power! Cognitive Development in Preschoolers
- Social and Emotional Development of Preschoolers
- Activities That Promote Social and Emotional Development in Preschoolers
- Learning Language: Ages Three to Five
- Creating Emotionally Supportive Environments for Children
- Establishing Meaningful Connections with Children
- Helping Children Develop Empathy
- Understanding Implicit Bias
- The Basics of Appropriate Learning Environments
- STREAM and the Great Outdoors: Reading and Writing in Nature
- STEM in the Preschool Classroom
- Environments That Support Children with Challenging Behaviors
- Ignite Their Minds: Making Math an Integral Part of your Teaching
- Block Play as a Creative Learning Strategy



Family Engagement Learning Path (5 Hours)

This 5-hour training series strengthens family engagement practices aligned with the Head Start Parent, Family, and Community Engagement (PFCE) Framework and the Early Learning Outcomes Framework (ELOF). Educators build skills in relationship-based communication, trauma-informed engagement, and collaborative partnerships that support family well-being and reinforce school readiness across ELOF domains.

- Reducing Barriers and Creating Solutions to Improve Family Engagement
- Family Engagement During Times of Stress and Trauma
- Communicating with Families About Developmental Concerns
- Establishing Meaningful Connections with Families
- Helping Families Access Resources

Language and Literacy Learning Path (5 Hours)

This 5-hour training series supports Head Start preschool teachers in strengthening practices aligned with the Head Start Early Learning Outcomes Framework (ELOF), within the Language and Communication domain. Through developmentally appropriate, research-informed strategies, educators build skills in fostering oral language, vocabulary development, phonological awareness, comprehension, and culturally responsive support for dual language learners. This series equips teachers to create language-rich environments that promote school readiness and positive literacy outcomes for children ages three to five.

- Reading to Young Children
- Sound Foundations: Teaching Phonological Awareness in Preschool
- Little Voices, Big Thinkers: Early Language Comprehension for Lifelong Learning
- Speaking Their Language: Supporting Dual Language Learners



Intentional Teaching Practices Learning Pathway (7 Hours)

This 7-hour training series strengthens practices aligned with the Head Start Early Learning Outcomes Framework (ELOF), with an emphasis on the Approaches to Learning domain. Teachers build skills in creating purposeful learning environments, using play to promote curiosity and persistence, implementing curriculum intentionally, and using observation and assessment to individualize instruction. The series also reinforces positive behavior guidance and self-regulation strategies that support engagement and school readiness across ELOF domains.

- Learning Centers that Inspire
- Approaches to Learning and Play
- Purposeful Play
- Curriculum: The Foundation of a Strong Education Program
- Observation and Assessment: Documenting Children's Progress
- Principles of Behavior Management I: What Do We Know?
- Principles of Behavior Management II: What Can We Do?